July 2026

The Gardens at Calvary

Assisted Living & Memory Care (706)653-2000 www.TheGardensatCalvary.com

Celebrating July

Celebrating 4th of July W/Mark Baxton
July 3

Independence Day
July 4

Walmart Outing
July 6

Shark Week
July 6-9

National Rock Day
July 13

Dairy Queen Outing
July 16

Hawaiian Day
July 24

Coca Cola Science Center
July 27

National Cheesecake Day
July 30

The Rhythm of Early America

In 2026, the United States marks the 250th anniversary of 1776—a milestone that invites reflection, not just on historic events but on the texture of everyday life in colonial times. Long before modern conveniences, daily routines were shaped by necessity, skill, and close-knit communities.

Food, for example, was seasonal and local by default. Families relied on what they could grow, hunt, or trade. Cornmeal, beans, and salted meats were staples, while gardens supplied herbs and vegetables. Preserving food—through drying, smoking, or pickling—was essential for surviving the winter. Meals were simple but sustaining, and little went to waste.

Craftsmanship was equally central to daily life. Many households produced what they needed, from clothing to tools. Spinning wool, weaving fabric, and sewing garments were common skills, as were woodworking and blacksmithing. Objects were made to last, repaired when broken, and valued for their function as much as their form.

Community ties helped hold everything together. Neighbors shared labor during harvests, barn raisings, and other large tasks. Churches, markets, and town gatherings provided structure and connection. In a world without instant communication, relationships were built face-to-face and maintained through mutual reliance.

The rhythms of life 250 years ago highlight a kind of resilience that feels both distant and familiar. Colonists adapted constantly—to weather, to shortages, to uncertainty. Their resourcefulness wasn't a choice; it was a requirement. This anniversary offers a chance to consider what endures. Skills like making, mending, and sharing haven't disappeared—they've simply changed form. The same is true of community and adaptability. While the tools and technologies of daily life have evolved, the underlying values—resourcefulness, cooperation, and persistence—remain recognizable.

It was a true privilege to commemorate Father's Day with these distinguished gentlemen.

Father's Day 2026

Enjoying crafts, creativity, laughter and wonderful memories.

Employee of the Month
Mary Hammer

Mary was born and raised in Las Cruces, New Mexico, where she met her husband Mark, with whom she has shared 34 years of Marriage. Mary and Mark are parents to four Children and two Grandkids. Mary is a dedicated preschool teacher during the day and afternoons working at The Gardens. Mary hobbies are scuba diving, baking, reading, crafts, cleaning and spending time with family and friends. We are fortunate to have her on our team.

July Birthdays

In astrology, those born between July 1–22 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony. Those born between July 23–31 are Leo's Lions. Mixing strength, ambition, creativity, and a flair for the dramatic, it is no wonder that the king of the jungle is a Leo's mascot. Whether it's in Hollywood or in the home, Leos accomplish their goals.

Richard Petty (race-car driver) – July 2, 1937
Ringo Starr (Beatle) – July 7, 1940
Tom Hanks (actor) – July 9, 1956
Arthur Ashe (tennis pro) – July 10, 1943
Woody Guthrie (folk singer) – July 14, 1912
Ginger Rogers (dancer) – July 16, 1911
Janet Reno (attorney general) – July 21, 1938
Lynda Carter (actress) – July 24, 1951
Gracie Allen (comedian) – July 26, 1895

Happy Birthday!!!!!

Michele H.-7-1
Betty H.-7-6
Nannette S.-7-10
Tasha J.-7-13
Morita D.-713
Necole B.-7-18
Linda E.-7-18
Nicole M.-7-21
Harry W.-7-29